

# **Community Referral Poster Whittlesea**

Email: rbinion@kildonan.org.au **Updated: January 2014** 



## Accommodation

**Hope Street** 

supported referral

**North East Housing Service** 9479 0700 Crisis access point, transitional accommodation & emergency accommodation, provide housing establishment funds

**Front Yard Youth Services** 9611 2411 1800 800 531

Youth refuge referral support & young women's crisis initiative- after hours referral

**Catchment Youth Refuge** 9470 5592 Counselling, outreach support & accommodation

Housing service in Whittlesea- outreach support and case management for 16-25 yr olds. Longer term housing

**DHS Housing Preston** Public housing applications, information and

If a young person aged 12-18 is not homeless although is at risk of becoming homeless in the local government areas of Yarra, Darebin & Whittlesea call the **RECONNECT** program @ Kildonan Uniting Care 8401 0100

## **Alcohol & Other Drugs**

9719 1300 Caraniche Free counselling and support for alcohol and other

drug use. Located in Whittlesea Township. 9409 8724 **Banyule Community Health** A drug and alcohol counselling service located at

Plenty Valley Community Health- Epping & Whittlesea sites. After hours service available. Youth Support & Advocacy Service (YSAS) Intake & Outreach 24 Hours 1800 014 446

Youth Northern Outreach Team (YNOT) 1800 170 556 Hotline **Family Drug Helpline** 1300 660 068 **Directline 24 hours** 1800 888 236

### **Anger Management**

**Plenty Valley Community Health** 

9409 8724 Keeping It Cool Program & Men's Behaviour

9304 0100

Change Program Kildonan UnitingCare 9471 0108

Men's behaviour change program

**Berry Street** 9450 4700

Teenage Aggression Responding Assertively Program for parents experiencing violence from their adolescent child/ren

**Men's Referral Service** 1300 776 491 Assists men with aggressive behaviour,

relationship and parenting issues **Relationships Australia** 

9431 7777 1300 364 277 Counselling and support services to assist those

with violence or abuse in relationships

# **Bushfire Support Services**

**The Salvation Army** 

Outreach support, individual case management drop in service, and referral support till 30th June 2013

9765 0300 **Berry Street** Free and confidential Youth Bushfire Counselling

outreach service for 10-26 yr olds & their families **Nexus Primary Health** 

1300 773 352

9716 2387

Counselling and referral support to residents in Murrundindi & Mitchell Shires till November 2014

# **CALD/ Multicultural**

Multiple specific services with settlement and community development workers in a range of Local Government, community agencies, & peak bodies.

**Whittlesea Community Connections** 9401 6666 Settlement assistance, programs for newly arrived,

emergency relief, free legal service, information,

support and referral service **Foundation House** 9388 0022

Trauma advocacy, individual counselling,

professional training & programs. **Centrelink Multilingual Service** 13 12 02

**Spectrum MRC** 9496 0200 Multicultural Resource Centre

**Spectrum Immigration Service 9470 2311 Centre For Multicultural Youth (CMY)** 

9340 3700 Delivers a range of programs, research and

advocacv

**VICSEG** 9383 2533

Victorian Co-op of Children's Services for Ethnic Groups

**Australian Muslim Women's Centre for Human Rights** 9481 3000

Provides info, support, advocacy to Muslim women

CALD/ Multicultural continued

**Victorian Arabic Social Services (VASS)** 9359 2861

Provides family, youth, & settlement support

**Translation Interpreting Service** 1300 655 820

Free interpreting services to non-English speaking Australian citizens and permanent residents communicating with selected approved groups & individuals

## **Carers Support**

**Young Carers** 1800 242 636

Practical & emotional support for young carers 1800 059 059 **CarerLinks North** 

Provide free information and assistance to carers and the broader community

# **Child FIRST & Child Protection**

**Child First** 9450 0955 Family Information, referral and support team. Central intake for significant concerns regarding

children and young people **Child Protection** 

13 12 78 After hours: 1300 664 977 **Intake** 

Notifications of suspected child abuse

**Community Agencies** 

8401 0100 Kildonan UnitingCare

Family and youth support services & programs counselling, Financial Counselling

9450 4700 **Berry Street** 

Family & youth services, family violence support and counselling programs

The Salvation Army Crossroads 9716 2387 Outreach support program, individual case management, youth support, advocacy and

referral support Anglicare Plenty Valley (Lalor) 9465 0322 Provides family support (including children),

Family Violence group work 8470 9999 **Anglicare (Preston)** 

Family & youth support, counselling, Northern foster care, Home help, Parenting skills, Adolescent community placement

Disability

**Northern Disability Linkages** 9430 3132 Provides information, referral & case mgt

**Co Care- Merri Community Health Services** 

9355 9900 Sexual health & relationships education for young

people with intellectual disability **Disability Rights Vic** 9489 2999

Information & support **National Disability Coordination Officer Program** 

Support for people with a disability to participate in education or employment

Wheelchair Accessible Taxis 1300 658 222

**Education & School Support** 1800 136 614

**Youth Connections** 

Provides education, employment and pathway support for young people 12-19 yrs

**Hume Whittlesea Local Learning Employment Network (HWLLEN) 9309 5500** Assist in brokering sustainable partnerships

between schools, business, community groups and parents to improve education outcomes for young people. Also produce range of useful resources

School Focused Youth Services (SFYS) 8401 0100

Provides Information & referral support, assists in partnership development between schools & community agencies to support at risk young people aged 10-18 to be connected and engaged

# **Emergency Relief**

**Whittlesea Community Connections** 

9401 6666 **Salvation Army Plenty Valley** 9436 9200

Phone appointments required **Plenty Valley Uniting Church** 

9408 0958 Health care card required 1300 305 330

St Vincent De Paul

**Family Mediation** 

9450 4700 **Berry Street** Matters Program- Provides youth & family

mediation for families experiencing difficult relationships

**Relationships Australia** 9431 7777 Counselling and family dispute resolution with

relationship, separation and parenting matters

# **Family Violence**

**Northern Family & Domestic Violence** Berry Street - Provides a range of services

for those experiencing family violence. Key access point for referrals. 9471 0108

Kildonan UnitingCare

Family Violence Intervention Program, Financial Counselling & Families @ Home program

**Anglicare Plenty Valley (Lalor)** 

9465 0322 Family violence support & groups for

women In Touch Inc, Multicultural Centre Against Family Violence 1800 755 988 Services, programs, and responses to issues

of family violence in CALD communities **Women's Domestic Violence Crisis** Service 1800 015 188

24 hr helpline, outreach support, emergency accommodation, advocacy, information and referral support

**Financial Services** 

Centrelink Youth and Student Services: 13 24 90 13 23 17 Abstudy: Interpreter: 13 12 02 Crisis payment: 13 28 50 Kildonan UnitingCare 8401 0100

Financial Counselling 1800 858 858 **Gamblers Help** 

**Legal Issues** Whittlesea Community Legal Centre 9401 6655

**Whittlesea Community Connections** Legal Aid 9401 6666 Youthlaw 9611 2412

Located at Frontyard Youth Services Women's Legal Service 1800 133 302 Gay, Lesbian, Bi, Trans, Intersex

& Queer (GLBTIQ) Support **Gay and Lesbian Switchboard** 

9663 2939 9827 8408 **PFLAG** Support for parents, friends & families

8640 9796 Genderqueer Specialises in the support of gender questioning and genderqueer people, their family, friends and professionals

**City of Whittlesea Youth Services** 9404 8800

SSA specific portfolio youth worker

**The Action Centre Health Centres** 

Health Centres provide a wide range of Allied Health Services and are a point of referral to many other services.

**Plenty Valley Community Health** (PVCH) 9409 8787 **Northern Hospital** 8405 8000 Centre for Adolescent Health 9345 5890

Provide a range of health services for young people. Based at Royal Children's Hospital 9660 4700 **Action Centre** 

Provides a range of sexual and reproductive

health services for young people under 25 **Indigenous Services Bert Williams Aboriginal Youth Service** 9484 5310

**Victorian Aboriginal Child Care Agency (VACCA)** 

8388 1855 **Victorian Aboriginal Legal Service Co-Operative** 9419 3888 1800 064 865

**Victorian Aboriginal Health Services** 9419 3000

**WANNIK- Salvation Army** 9353 1085 Indigenous focused transition support program focused on education & pathways

**Aboriginal Family Violence Prevention** & Legal Service 1800 105 303 Provides assistance to victims of family

violence and sexual assault **Centrelink- Indigenous Call Centre** 

13 63 80 **City of Whittlesea Youth Services** 9404 8800

Indigenous portfolio youth worker

**Local Governmen City of Whittlesea** 

**Council Office** 9217 2170 Youth Services (Baseline) 9404 8800 Offers a range of services to help local young

people aged 10 to 25 to actively participate in their community

# **Mental Health- General Support**

**Headspace Northern Melbourne** 1300 880 218

Offers support with a range of issues.

Located in Glenroy & Collingwood **Positive Mental Health Program** 

9404 3652

Free service through Medicare. Offers support counselling, & care for people experiencing mental health issues

**Western Primary Mental Health Team** 1300 874 243

Secondary consultation for workers, assessment of young people 15+ **Mental Health Advice Line** 

1300 280 737

Expert advice, information and referral

**Mental Health – Support Programs** 

9464 6455 **NEAMI** Support and outreach programs for people

16-64 yrs old. Located in Thomastown 8401 4525 PHAMS Program (MIND) **Personal Helpers & Mentors** 

Outreach support program, mental health diagnosis not necessary **BFST (MIND)** 

**Building Family Skills Together** For families experiencing serious mental

health issues. Outreach capacity Mental Health - Specialist & **Clinical Support** 

**Austin CAMHS Intake:** 9496 3620 Child and Adolescent Mental Health Service for ages 18 and under

**Whittlesea Community Mental** 9408 9510 Health (After hours) 1300 874 243 Provides a range of community based

treatment services to individuals and families with mental illness (16-64yrs) **Northern Crisis Assessment &** 

Treatment Team (CAT) 1300 650 295 **Parenting Support** 

**Anglicare Vic** 8470 9999 Parentzone- Programs & regular newsletters listing local providers of parenting program

**ABCD Parenting Young Adolescents Program** 9386 2876

**Phone Counselling & Support** 1300 550 236 **Eating Disorders Vic Kids Helpline** 1800 551 800 Lifeline 13 11 14 SuicideLine 1300 651 251

Quit Smoking Help Line 13 78 48 **Police Youth Resource Officer** 9409 8110

8405 8000

8345 2000

13 22 89

Based at Epping Police Station. Covers City of Whittlesea.

**Pregnancy Support** 

**Northern Hospital** 

**Parentline** 

9654 4766

Open 24 hours **Plenty Valley Community Health Pregnancy Support** 9409 8724

Midwifery and outreach support for vulnerable women during pregnancy **Action Centre** 9654 4766

Counsellors assist with decision making and referrals The Young Mother's Clinic 8345 2127

Pregnancy care, postnatal support & outreach to pregnant women 19 & unde **Royal Women's Hospital** 

Support programs **Caroline Chisholm Society** 

Open 24 hours 9370 3933 sychological Assessment

**Plenty Valley Community Health** Service 9409 8787 Do assessments if referred by GP or agency

**Psychology Training Clinics** 9925 7603 **RMIT Latrobe University** 9479 2150

Conduct educational, behavioural and neuropsychological assessments. Costs

negotiable PANCH Speech Pathology 9485 9000

Sexual Assault

9496 2240 Crisis Line: **NCASA** After hours: 1800 806 292

Northern Centre Against Sexual Assault **SOCA** 9409 8153 Victorian Police - Sexual Offences & Child

Abuse Unit **Children's Protection Society** 

Sexual abuse counselling 9458 3566